

Inspired & Refreshed:

Connect creatively with God's Word

Hi there Friend,

Thank you for subscribing! My desire is to bring encouragement to you and make your life on this earth just a little bit sweeter.

As my special gift to you, here's a treasure trove of gifts from my vault to you.

Pick and choose which you would like to print out. Some of the pages would be better printed on card stock--such as the calendars, and the Thanksgiving placecards. Also, the wall art looks very nice when printed on glossy photo paper:)

If you have any questions or if I can pray for you, please don't hesitate to reach out to me at: **sally@inspiredandrefreshed.com** or on my website at:

<https://inspiredandrefreshed.com/> I would genuinely love to hear from you



God bless you and have wonderful holidays this year and every year.



Sally



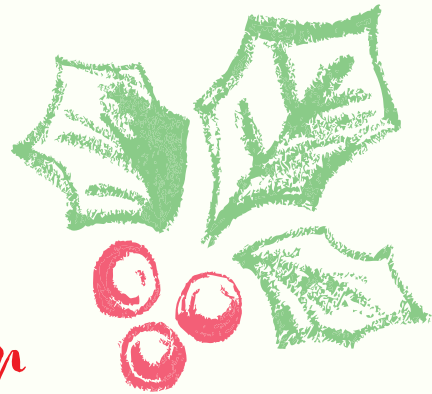
Holiday Planner

NOVEMBER

S M T W T F S

NOTES

Large empty rectangular area for writing notes.



Holiday Planner

DECEMBER

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NOTES



Thankful Place Cards

What better way to have your guests feel special than an individualized place card showing your gratitude for them being a part of your table.

Just print these out on card stock and cut apart. Place them at each place setting and either fill in the guest or family member's name or give them a verse that will bless them during the meal.

One idea you could do is to tie a cute pencil or pen to the card with twine and have them write something that they are thankful for on the back side. Or you could even wrap them with a pretty ribbon and a little candy or favor for them to keep. I printed on white card stock, but feel free to experiment with other card stock colors.

Happy and blessed Thanksgiving from me! ❤️

InspiredandRefreshed.com

Sally





Psalm 9:1

I will give thanks to you, LORD, with all my heart; I will tell of all your wonderful deeds.



Colossians 3:17

And whatever you do, whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through him.



Psalm 107:8-9

8 Let them give thanks to the LORD for his unfailing love and his wonderful deeds for mankind, 9 for he satisfies the thirsty and fills the hungry with good things.



Psalm 95:2-3

2 Let us come before him with thanksgiving and extol him with music and song. 3 For the LORD is the great God, the great King above all gods.

 *1 Corinthians 1:4-5*

4 I always thank my God for you because of his grace given you in Christ Jesus. 5 For in him you have been enriched in every way—with all kinds of speech and with all knowledge

 *Ephesians 1:15-16*

15 For this reason, ever since I heard about your faith in the Lord Jesus and your love for all God's people, 16 I have not stopped giving thanks for you, remembering you in my prayers.

 *1 Timothy 4:4-5*

4 For everything God created is good, and nothing is to be rejected if it is received with thanksgiving, 5 because it is consecrated by the word of God and prayer.

 *1 Chronicles 16:34*

Give thanks to the LORD, for he is good; his love endures forever.



Psalm 7:17

I will give thanks to the LORD because of his righteousness; I will sing the praises of the name of the LORD Most High.



Psalm 28:7

The LORD is my strength and my shield; my heart trusts in him, and he helps me. My heart leaps for joy, and with my song I praise him.



Psalm 106:1

Praise the LORD. Give thanks to the LORD, for he is good; his love endures forever.



1 Thessalonians 5:18

Give thanks in all circumstances; for this is God's will for you in Christ Jesus.



Christmas Checklist



TO DO

- | | |
|---|---|
| <input type="checkbox"/> Establish a Budget | <input type="checkbox"/> Hand Deliver Cards |
| <input type="checkbox"/> Decorate Tree/House | <input type="checkbox"/> Plan Family Activities |
| <input type="checkbox"/> Take Family Photo | <input type="checkbox"/> Other |
| <input type="checkbox"/> Mail Christmas Cards | <input type="checkbox"/> Other |

MENUS

- Plan for Special Diets
- Create Christmas Eve/Day Menu
- Create Baking Plan
- Create Shopping List
- Baking Day
- Deliver Baked Goods
- Other

GIFT GIVING

- Make a Gift List
- Plan Shopping Days
- Purchase Gifts
- Purchase Wrapping Supplies
- Wrap All Gifts
- Ship/Deliver Gifts
- Other
- Other

Christmas BUDGET

BE MINDFUL OF YOUR BUDGET AND
YOU'LL BE IN GREAT SHAPE AFTER
CHRISTMAS :)

ITEM	PLANNED	ACTUAL	✓
GIFTS FOR FAMILY	\$	\$	
GIFTS FOR OTHERS	\$	\$	
WRAPPING	\$	\$	
SHIPPING COSTS	\$	\$	
GROCERY	\$	\$	
DECORATIONS	\$	\$	
ACTIVITIES/GATHERINGS	\$	\$	
TRAVEL	\$	\$	
OTHER	\$	\$	
TOTAL BUDGET		ACTUAL AMOUNT SPENT	
\$		\$	

SHOPPING

List

ONLINE SHOPPING

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ONLINE SHOPPING

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IN-STORE

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BAKING *List*

BAKED ITEMS

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Grocery List



ITEM ITEM ITEM

CHRISTMAS EVE

Menu



TABLE DECOR

BREAKFAST

DESSERT

LUNCH

BEVERAGES

DINNER

SNACKS

CHRISTMAS DAY

Menu



TABLE DECOR

BREAKFAST

DESSERT

LUNCH

BEVERAGES

DINNER

SNACKS

Matthew 2:11 On coming to the house, they saw the child with his mother Mary, and they bowed down and worshiped him. Then they opened their treasures and presented him with gifts of gold, frankincense and myrrh.



THREE PRECIOUS GIFT IDEAS

LOOKING FOR A WAY TO KEEP CHRISTMAS MEANINGFUL , BUT SIMPLER ?

This idea stems from the Bible in Matthew 2:11. The wise men visited Jesus after His birth and brought Him three beautiful gifts. Consider giving in these three special categories.



Gold

Giving a gift in this category would be an expensive gift as gold is expensive. It could also be something someone really wants and will treasure for years to come.



Frankincense

A gift in this category would be something spiritual. Something to help your loved one strengthen their faith or worship. Frankincense was a fragrant tree resin used as incense.



Myrrh

This would be a gift for the body. Myrrh is a fragrant tree resin that was used as a perfume or anointing oil. Consider perfume, skin care or something special for the body.



Other

Think and pray about what your loved one would enjoy. It could be any thoughtful gift from your heart.

Gift Giving

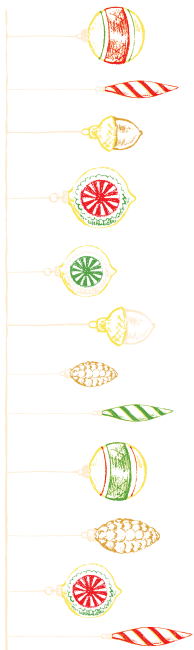
List

NAME

GOLD

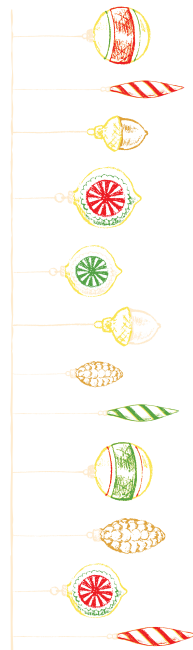
FRANKINCENSE

MYRRH



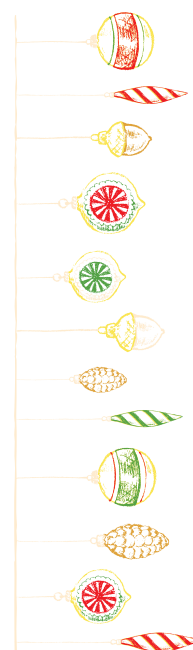
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Merry
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Visit a pumpkin patch



Bake some cookies



Play your fav music- loud :)



Start a reflective journal

Collect fall leaves for your table



My Best Holiday Self-Care Tips

Go apple picking



Volunteer to help someone



Coffee with your bestie



Spend quality time with family

Take a soothing soak before bed



Declutter

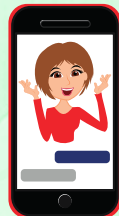
Light a holiday scented candle



Read a book



Watch your fav holiday movie



Unplug for a while



Take an evening drive to see the lights



Do a little decorating

Get a new scented soap



Take a brisk walk

Get 8 hours of sleep



Stay in your jammies all day



Listen to a fun podcast

Dress in a cozy sweater and scarf



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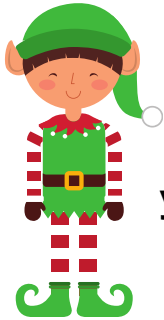


Declutter

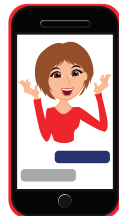
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Read a book



Watch your fav holiday movie



Unplug for a while



Take an evening drive to see the lights

Do a little decorating



Get a new scented soap



Take a brisk walk

Get 8 hours of sleep

Stay in your jammies all day



Dress in a cozy sweater and scarf



Listen to a fun podcast



Try a new hobby



Establish a daily quiet time



The next pages are printable wall art. Print them out on 8.5x11 photo paper for best results. Or for a mat finish, use card stock.



Born

to

Give us

Second Birth

Inspired and Refreshed.com

take heart  ~~we can overcome the world~~

A red heart is drawn to the left of the word. A red line starts below the heart, curves under the word, and ends in a flourish of three red strokes on the right.

Blessed