

Write
Scripture
Into Your
Heart 

Print and reprint these pages as much as you like.

If you have young children, work on the same Psalm together. Help them to rephrase and explain the meaning so they can apply it to their own situation.

If your children are very young, you can even do this audibly and you be their scribe. Let them color the picture and add their own embellishments.

If your kiddos are a bit older, they may or may not need help. Whether this is for you and/or your kiddos, it's a great thing to share with your family and often spurs on prayers of praise and worship!

The Lord loves it when we worship. Enjoy this spiritual discipline and the fruit it will bear.

God bless,

A handwritten signature in cursive script that reads "Dilly".

Inspired and Refreshed



Psalms Are A Good Place to Start :)

Pray. Then read through these Psalms twice.
Ponder the meaning of each verse and put them
into your own words.

It helps to read them in several Bible translations.
The NLT (New Living Translation) is an easy to
understand translation. You might even try reading
them in The Message just to really grasp the
meaning before putting them into your own words.
Bible Gateway is a very helpful site and you can
refer to different Bible translations when you don't
own a hard copy.

<https://www.biblegateway.com/>

or

The YouVersion app has many translations that you
can read as well.

Psalms 139: 1-4

Psalms 119:9-16

Psalms 103:1-5

Psalms 40:1-5

Psalms 16:5-11



Lined writing area for notes.



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Scripture: _____